

SURVIVOR PEER SERVICES

Vermont Psychiatric Survivors

VPS is a membership organization providing peer support, outreach, advocacy and education
128 Merchants Row, Suite 606,
Rutland, VT 05701 802-775-6834
www.vermontpsychiatricsurvivors.org

**VPS OUTREACH
AND PATIENT REPRESENTATIVES**
(800) 475-4907
info@vermontpsychiatricsurvivors.org

WARM LINE

VERMONT SUPPORT LINE (STATEWIDE):

833-888-2557; 24 hours, 365 days
[833-VT-TALKS]
By call or text



CRISIS RESPITE

Alyssum, 802-767-6000; www.alyssum.org;
info@alyssum.org

HOSPITALIZATION ALTERNATIVE

Soteria House, information and online application at
[www.pathwaysvermont.org/what-we-do/
our-programs/soteria-house/](http://www.pathwaysvermont.org/what-we-do/our-programs/soteria-house/)
or call Pathways Vermont Intake Line,
888-492-8212, ext. 140

Peer Centers & Employment Support

ANOTHER WAY

125 Barre St, Montpelier, 802-229-0920; info@anotherwayvt.org;
www.anotherwayvt.org; see website for events calendar.

PATHWAYS VERMONT COMMUNITY CENTER

279 North Winooski Avenue, Burlington,
802-777-4633; pvcc@pathwaysvermont.org
www.facebook.com/PathwaysVTCommunityCenter;
[www.pathwaysvermont.org/what-we-do/
our-programs/pvcc](http://www.pathwaysvermont.org/what-we-do/our-programs/pvcc)

Some Peer Centers and Recovery Centers may have changed hours as a result of COVID-19 crisis. Call to check on up-to-date schedules.

Vermont Recovery Centers

WWW.VTRECOVERYNETWORK.ORG

BARRE, Turning Point Center of Central Vermont, 489 N. Main St.; 479-7373; www.tpcv.org; tpccvbarre@gmail.com

BENNINGTON, Turning Point Center, 160 Belmont Dr; 802-442-9700; info@tpcbennington.org
BRATTLEBORO, Turning Point Center of Windham County, 39 Elm St.; 802-257-5600; tpwc.1@hotmail.com

BURLINGTON, Turning Point Center of Chittenden County, 179 South Winooski Ave, Suite 301; 802-861-3150; www.turningpointcentervt.org or support@turningpointcentervt.org

MIDDLEBURY, Turning Point Center of Addison County, 5 A Creek Rd; 802-388-4249; info@turningpointaddisonvt.org

MORRISVILLE, North Central Vermont Recovery Center, 275 Brooklyn St., 802-851-8120; **JOHNSON**, 117 St. John's St. 802-730-8122; recovery@ncvrc.com

NEWPORT, Journey to Recovery Center, 212 Prouty Dr. 802-624-4156

JOHNSON, Jenna's Promise, 114 St. John's Rd, 802-343-8741; info@jennaspromise.org

RUTLAND, Turning Point Center, 141 State St; 802-773-6010; turningpointcenterrutlandvt.org

SPRINGFIELD, Turning Point Recovery Center of Springfield, 7 Morgan St., 802-885-4668; webadmin@spfldtp.org; www.spfldtp.org

ST. ALBANS, Turning Point of Franklin County, 182 Lake St; 802-782-8454; contacta@turningpoint-franklincounty.org

ST. JOHNSBURY, Kingdom Recovery Center, 297 Summer St; 802-751-8520; recoveryinfo@stjkr.org; www.kingdomrecoverycenter.com

WHITE RIVER JUNCTION, Upper Valley Turning Point, 200 Olcott Dr; 802-295-5206; www.uppervalleyturningpoint.org; info@secondwindfound.org

SUICIDE & CRISIS LIFELINE

988

24/7 support

Samaritans Hotline
877-870-HOPE (4673)

Crisis Text Line

Around the clock help via text: 741-741 for a reply explaining ground rules; message routed to a trained counselor.

Vermont Federation of Families for Children's Mental Health

Statewide support for families of children, youth or young adults in transition who are experiencing or at risk to experience emotional, behavioral or mental health challenges. 800-639-6071, 802-876-7021; www.vffcmh.org

Pride Center of Vermont

LGBTQ Individuals with Disabilities Social and Support: Connections and support around coming out, socializing, employment challenges, safe sex, self-advocacy. For center hours call (802) 860-7812 or go to www.pridecentervt.org

Brain Injury Association

Support Group locations on web: www.biavt.org;
support@biavt.org; 802-244-6850

Trans Crisis Hotline

The Trans Lifeline (dedicated to the trans population) can be reached at 877-565-8860.

LGBTQ Youth Crisis Hotline:

The Trevor Lifeline, 866-488-7386. TrevorText : 678-678

NATIONAL ALLIANCE ON MENTAL ILLNESS-VT (NAMI-VT):
802-876-7949 x101, or 800-639-6480; 600 Blair Park Road, Suite 301, Williston, 05495; www.namivt.org;
info@namivt.org

Connections Peer Support Groups

Meetings are led by trained Peer Support Leaders. The groups provide a safe place that offers respect, understanding, encouragement, and inspires hope to all who attend. Zoom Meetings: Every Monday 7-8:30 p.m. and 1st & 3rd Tuesday 4-5:30 p.m. In-Person: Every Thursday from 3-4:30 p.m., Cathedral Church of St. Paul, 1st floor, Commons Room, 2 Cherry Street, Burlington. To learn more, visit: www.namivt.org/support-groups/peer-support/

Counterpoint publishes this resource directory to allow readers to seek out choices for support. Counterpoint has not reviewed or evaluated the quality or biases of these resources, and makes no representation about their value for any individual.

Public Community Mental Health

COUNSELING SERVICE OF ADDISON COUNTY, 89 Main St., Middlebury, 05753; www.csac-vt.org; 802-388-6751

UNITED COUNSELING SERVICE OF BENNINGTON COUNTY, PO Box 588, Ledge Hill Dr., Bennington, 05201; 802-442-5491; 5312 Main St., Manchester, 802-3623950; www.ucsvt.org

CHITTENDEN COUNTY: HOWARD CENTER, 300 Flynn Ave., Burlington, 05401; 802-488-6000; www.howardcenter.org

FRANKLIN & GRAND ISLE: NORTHWESTERN COUNSELING AND SUPPORT SERVICES, 107 Fisher Pond Road, St. Albans, 05478; 802-524-6554; www.ncssinc.org

LAMOILLE COUNTY MENTAL HEALTH SERVICES, 72 Harrel Street, Morrisville, 05661; 802-888-5026; www.lamoille.org

NORTHEAST KINGDOM HUMAN SERVICES, 181 Crawford Road, Derby; 802-334-6744; 2225 Portland St., St. Johnsbury; 802-748-3181; www.nkhs.org

ORANGE COUNTY: CLARA MARTIN CENTER, 11 Main St., Randolph, 05060-0167; 802-728-4466; www.claramartin.org

RUTLAND MENTAL HEALTH SERVICES, 78 So. Main St., Rutland, 05701; 802-775-2381; rmhscn.org

WASHINGTON COUNTY MENTAL HEALTH SERVICES, 9 Heaton St., Montpelier, 05601; 802-223-6328; www.wcmhs.org

WINDHAM AND WINDSOR COUNTIES: HEALTH CARE AND REHABILITATION SERVICES OF SOUTHEASTERN VERMONT, 390 River Street, Springfield, 05156; 886-4500; 51 Fairview St., Brattleboro, 05301, 802-254-6028; 49 School St., Hartford, 05047, 802-295-3031; www.hcrs.org

24-Hour Crisis Lines and Involuntary Custody Screening

ADDISON COUNTY: Counseling Services of Addison County 802-388-7641

BENNINGTON COUNTY: United Counseling Service, 802-442-5491; (Manchester) 802-362-3950

CHITTENDEN COUNTY: Howard Center, 802-488-7777

FRANKLIN AND GRAND ISLE COUNTIES: Northwestern Counseling and Support Services, 802-524-6554; 800-834-7793

LAMOILLE COUNTY: Lamoille County Mental Health, Weekdays 8 a.m.-4 p.m. 802-888-5026; Nights and weekends 802-888-8888

ESSEX, CALEDONIA AND ORLEANS: Northeast Kingdom Human Services 802-334-6744

ORANGE COUNTY: Clara Martin, 800-639-6360

RUTLAND: Mental Health Services, 802-775-1000

WASHINGTON COUNTY: Mental Health Services, 802-229-0591

WINDHAM, WINDSOR COUNTIES: Health Care and Rehabilitation Services, 800-622-4235

Please contact us if your organization's information changes:
counterpoint@vermontpsychiatricsurvivors.org



Veterans' Services

HOMELESS PROGRAM COORDINATOR: 802-742-3291
BRATTLEBORO: Morningside 802-257-0066
RUTLAND: Open Door Mission 802-775-5661; Transitional Residence: Dodge House, 802-775-6772
BURLINGTON: Waystation/Wilson 802-864-7402
FREE TRANSPORTATION: Disabled American Veterans: Toll Free: 1-866-687-8387 X5394

Homeless?

Vermont Veterans Services (VVS) program for homeless veterans with very low income, call 802-656-3232.



www.MakeTheConnection.net

Web site sponsored by The Department of Veterans Affairs with testimonials by veterans to help connect with the experiences of other veterans, and with information and resources to help transition from service, face health issues, or navigate daily life as a civilian.

Vermont Veterans Outreach

BENNINGTON AREA: 802-442-2980; cell: 802-310-5391

BERLIN AREA: 802-224-7108; cell: 802-399-6135

BRADFORD AREA: 802-222-4824; cell: 802-734-2282

COLCHESTER AREA: 802-338-3078; cell: 802-310-5743

ENOSBURG AREA: 802-933-2166; cell: 802-399-6068

JERICO AREA: 802-899-5291; cell: 802-310-0631

NEWPORT AREA: 802-338-4162; cell: 802-399-6250

RUTLAND AREA: 802-775-0195; cell: 802-310-5334

VERGENNES AREA: 802-877-2356; cell: 802-881-6680

WHITE RIVER AREA: 802-295-7921; cell: 802-881-6232

WILLISTON AREA: 802-879-1385; cell: 802-734-2123

OUTREACH TEAM LEADER: 802-338-3022; cell: 802-881-5057

TOLL-FREE HOTLINE (24/7) 1-888-607-8773

VA Mental Health Services

VA HOSPITAL: Toll Free 1-866-687-8387

MENTAL HEALTH CLINIC: Toll Free 1-866-687-8387 Ext 6132

OUTPATIENT CLINICS: Bennington: 802-447-6913; Brattleboro: 802-251-2200; Burlington Lakeside Clinic: 802-657-7000; Newport: 802-334-9777; Rutland: 802-772-2300

VET CENTERS: (Burlington) 802-862-1806; (White River Jct) 802-295-2908