

## SURVIVOR PEER SERVICES

Vermont Psychiatric Survivors  
Peer Support Groups

VPS Peer Support Groups are temporarily  
suspended during the COVID-19 crisis.

VPS is a membership organization providing  
peer support, outreach, advocacy and education  
128 Merchants Row, Suite 606,  
Rutland, VT 05701 802-775-6834  
[www.vermontpsychiatricsurvivors.org](http://www.vermontpsychiatricsurvivors.org)

### Peer Support

#### WARM LINES

**VERMONT SUPPORT LINE (STATEWIDE):**  
833-888-2557; 24 hours, 365 days  
[833-VT-TALKS]  
By call or text

**PEER PLUS (STATEWIDE):**  
802-595-0588; 7 days/wk, 6-9 p.m.

#### MUTUAL SUPPORT NETWORK

**THE HIVE:** [info@hivemutualsupport.org](mailto:info@hivemutualsupport.org)  
[www.hivemutualsupport.org](http://www.hivemutualsupport.org)  
802-43-BUZZ-3 (802-432-8993)

#### CRISIS RESPITE

Alyssum, 802-767-6000; [www.alyssum.org](http://www.alyssum.org);  
[information@alyssum.org](mailto:information@alyssum.org)

#### VERMONT PSYCHIATRIC SURVIVORS OUT- REACH

##### AND PATIENT REPRESENTATIVES

(800) 475-4907

[info@vermontpsychiatricsurvivors.org](mailto:info@vermontpsychiatricsurvivors.org)

#### HOSPITALIZATION ALTERNATIVE

Soteria House, information and online application at  
[www.pathwaysvermont.org/what-we-do/  
our-programs/soteria/](http://www.pathwaysvermont.org/what-we-do/our-programs/soteria/) or call Pathways Vermont  
Intake Line, 888-492-8212, ext. 140

Some Peer Centers and Recovery Centers may be  
suspended during the COVID-19 crisis. Call to check on  
reopening schedules.

### Peer Centers & Employment Support

**ANOTHER WAY**, 125 Barre St, Montpelier, 802-229-  
0920; [info@anotherwayvt.org](mailto:info@anotherwayvt.org); [www.anotherwayvt.org](http://www.anotherwayvt.org);  
see website for events calendar.

**PATHWAYS VERMONT COMMUNITY CENTER**, 279 North  
Winooski Avenue, Burlington, 888-492-8218 ext 300;  
[www.facebook.com/PathwaysVTCommunityCenter](http://www.facebook.com/PathwaysVTCommunityCenter);  
[www.pathwaysvermont.org/what-we-do/  
our-programs/pvcc](http://www.pathwaysvermont.org/what-we-do/our-programs/pvcc)

### Vermont Recovery Centers

[WWW.VTRECOVERYNETWORK.ORG](http://WWW.VTRECOVERYNETWORK.ORG)

**BARRE**, Turning Point Center of Central Vermont, 489  
N. Main St.; 479-7373; [tpccvbarre@gmail.com](mailto:tpccvbarre@gmail.com)

**BENNINGTON**, Turning Point Center, 465 Main St; 802-  
442-9700; [turningpointbennington@comcast.net](mailto:turningpointbennington@comcast.net)

**BRATTLEBORO**, Turning Point Center of Windham Coun-  
ty, 39 Elm St.; 802-257-5600; [tpwc.1@hotmail.com](mailto:tpwc.1@hotmail.com)

**BURLINGTON**, Turning Point Center of Chittenden  
County, 191 Bank St, 2nd floor; 802-861-3150; [www.  
turningpointcentervt.org](http://www.turningpointcentervt.org) or [GaryD@turningpointcentervt.org](mailto:GaryD@turningpointcentervt.org)

**MIDDLEBURY**, Turning Point Center of Addison Coun-  
ty, 228 Maple St, Space 31B; 802-388-4249; [tcavt@  
yahoo.com](mailto:tcavt@yahoo.com)

**MORRISVILLE**, North Central Vermont Recovery Cen-  
ter, 275 Brooklyn St., 802-851-8120; [recovery@ncvrc.  
com](mailto:recovery@ncvrc.com)

**RUTLAND**, Turning Point Center, 141 State St; 802-773-  
6010; [turningpointcenterrutland@yahoo.com](mailto:turningpointcenterrutland@yahoo.com)

**SPRINGFIELD**, Turning Point Recovery Center of Spring-  
field, 7 Morgan St., 802-885-4668; [spfldturningpoint@  
gmail.com](mailto:spfldturningpoint@gmail.com)

**ST. ALBANS**, Turning Point of Franklin County, 182  
Lake St; 802-782-8454; [tpfcdirection@gmail.com](mailto:tpfcdirection@gmail.com)

**ST. JOHNSBURY**, Kingdom Recovery Center, 297 Sum-  
mer St; 802-751-8520; [c.boyd@stjkrcc.org](mailto:c.boyd@stjkrcc.org); [j.keough@  
stjkrcc.org](mailto:j.keough@stjkrcc.org); [www.kingdomrecoverycenter.com](http://www.kingdomrecoverycenter.com)

**WHITE RIVER JUNCTION**, Upper Valley Turning Point,  
200 Olcott Dr; 802-295-5206; [secondwindfound.org](http://secondwindfound.org);  
[mhelijas@secondwindfound.org](mailto:mhelijas@secondwindfound.org)

## NATIONAL SUICIDE PREVENTION LIFELINE

800-273-TALK (8255)  
24/7 confidential support

Samaritans Hotline  
877-870-HOPE (4673)

### Vermont Federation of Families for Children's Mental Health

Statewide support for families of children, youth or young  
adults in transition who are experiencing or at risk to expe-  
rience emotional, behavioral or mental health challenges.  
800-639-6071, 802-876-7021

### Pride Center of Vermont

LGBTQ Individuals with Disabilities Social and Sup-  
port: Connections and support around coming out,  
socializing, employment challenges, safe sex, self-advoca-  
cy. During COVID restrictions, call (802) 860-7812

### Brain Injury Association

Support Group locations on web: [www.biavt.org](http://www.biavt.org); or email:  
[support1@biavt.org](mailto:support1@biavt.org); Toll Free Line: 877-856-1772

### DBT Peer Group

Peer-run skills group. Sundays, 4 p.m.; 1 Mineral St, Spring-  
field (The Whitcomb Building). [tinyurl.com/PeerDBTVT](http://tinyurl.com/PeerDBTVT)

### Trans Crisis Hotline

The Trans Lifeline (dedicated to the trans population) can  
be reached at 877-565-8860.

### Crisis Text Line

Around-the-clock help via text: 741741 for a reply explaining  
the ground rules; message routed to a trained counselor.

### LGBTQ Youth Crisis Hotline:

The Trevor Lifeline now at 866-488-7386. TrevorText -  
Available on Fridays (4-8 p.m.). Text the word "Trevor" to  
1-202-304-1200. Standard text messaging rates.

### NATIONAL ALLIANCE ON MENTAL ILLNESS-VT (NAMI-VT):

802-876-7949 x101, or 800-639-6480; 600 Blair Park  
Road, Suite 301, Williston, 05495; [www.namivt.org](http://www.namivt.org); [info@  
namivt.org](mailto:info@namivt.org)

### Connections Peer Support Groups

NAMI is providing its support groups by various  
alternative means during the pandemic. All meetings  
are facilitated by trained NAMI peers – individuals with  
mental health conditions who are at a good place in  
their recovery journey and want to help other peers get  
to a good place in their recovery.

For more specific information, including on a new  
Central Vermont group, go to [namivt.org/support/peer-  
support-groups/](http://namivt.org/support/peer-support-groups/)

Counterpoint publishes this resource  
directory to allow readers to seek out  
choices for support. Counterpoint  
has not reviewed or evaluated the  
quality or biases of these resources,  
and makes no representation about  
their value for any individual.

### Public Community Mental Health

**COUNSELING SERVICE OF ADDISON COUNTY**, 89 Main St.,  
Middlebury, 05753; 802-388-6751

**UNITED COUNSELING SERVICE OF BENNINGTON COUNTY**,  
PO Box 588, Ledge Hill Dr., Bennington, 05201; 802-442-  
5491

**CHITTENDEN COUNTY: HOWARD CENTER**, 300 Flynn Ave.,  
Burlington, 05401; 802-488-6200

**FRANKLIN & GRAND ISLE: NORTHWESTERN COUNSELING  
AND SUPPORT SERVICES**, 107 Fisher Pond Road, St. Albans,  
05478; 802-524-6554

**LAMOILLE COUNTY MENTAL HEALTH SERVICES**, 72 Harrel  
Street, Morrisville, 05661; 802-888-5026

**NORTHEAST KINGDOM HUMAN SERVICES**, 181 Crawford  
Road, Derby; 802-334-6744; 800-696-4979, 2225 Port-  
land St., St. Johnsbury; 802-748-3181; 800-649-0118

**ORANGE COUNTY: CLARA MARTIN CENTER**, 11 Main St.,  
Randolph, 05060-0167; 802-728-4466

**RUTLAND MENTAL HEALTH SERVICES**, 78 So. Main St.,  
Rutland, 05701; 802-775-2381

**WASHINGTON COUNTY MENTAL HEALTH SERVICES**, 9 Heaton  
St., Montpelier, 05601; 802-229-6328

**WINDHAM AND WINDSOR COUNTIES: HEALTH CARE AND  
REHABILITATION SERVICES OF SOUTHEASTERN VERMONT**,  
390 River Street, Springfield, 05156; 886-4500; 51 Fair-  
view St., Brattleboro, 05301, 802-254-6028; 49 School St.,  
Hartford, 05047, 802-295-3031

### 24-Hour Crisis Lines: Involuntary Custody Screening

**ADDISON COUNTY:** Counseling Services of Addison County  
802-388-7641

**BENNINGTON COUNTY:** United Counseling Service, 802-  
442-5491; (Manchester) 802-362-3950

**CHITTENDEN COUNTY:** Howard Center 802-488-7777

**FRANKLIN AND GRAND ISLE COUNTIES:** Northwestern Coun-  
seling and Support Services, 802-524-6554; 800-834-7793

**LAMOILLE COUNTY:** Lamoille County Mental Health, Week-  
days 8 a.m.-4 p.m. 802-888-4914; Nights and weekends  
802-888-4231

**ESSEX, CALEDONIA AND ORLEANS:** Northeast Kingdom  
Human Services 800-696-4979

**ORANGE COUNTY:** Clara Martin, 800-639-6360

**RUTLAND:** Mental Health Services, 802-775-1000

**WASHINGTON COUNTY:** Mental Health Services, 802-229-0591

**WINDHAM, WINDSOR COUNTIES:** Health Care and Rehabili-  
tation Services, 800-622-4235

Please contact us if your organization's information changes:  
[counterpoint@vermontpsychiatricsurvivors.org](mailto:counterpoint@vermontpsychiatricsurvivors.org)



### Veterans' Services

**HOMELESS PROGRAM COORDINATOR:** 802-742-3291

**BRATTLEBORO:** Morningside 802-257-0066

**RUTLAND:** Open Door Mission 802-775-5661; Transi-  
tional Residence: Dodge House, 802-775-6772

**BURLINGTON:** Waystation/Wilson 802-864-7402

**FREE TRANSPORTATION:** Disabled American Veterans:  
Toll Free: 1-866-687-8387 X5394

### Homeless?

Vermont Veterans Services (VVS)  
program for homeless veterans with  
very low income, call 802-656-3232.



### [www.MakeTheConnection.net](http://www.MakeTheConnection.net)

Web site sponsored by The Department of Veterans  
Affairs with testimonials by veterans to help connect  
with the experiences of other veterans, and with infor-  
mation and resources to help transition from service,  
face health issues, or navigate daily life as a civilian.

### Vermont Veterans Outreach

**BENNINGTON AREA:** 802-442-2980; cell: 802-310-5391

**BERLIN AREA:** 802-224-7108; cell: 802-399-6135

**BRADFORD AREA:** 802-222-4824; cell: 802-734-2282

**COLCHESTER AREA:** 802-338-3078; cell: 802-310-5743

**ENOSBURG AREA:** 802-933-2166; cell: 802-399-6068

**JERICO AREA:** 802-899-5291; cell: 802-310-0631

**NEWPORT AREA:** 802-338-4162; cell: 802-399-6250

**RUTLAND AREA:** 802-775-0195; cell: 802-310-5334

**VERGENNES AREA:** 802-877-2356; cell: 802-881-6680

**WHITE RIVER AREA:** 802-295-7921; cell: 802-881-6232

**WILLISTON AREA:** 802-879-1385; cell: 802-734-2123

**OUTREACH TEAM LEADER:** 802-338-3022; cell: 802-881-5057

**TOLL-FREE HOTLINE (24/7)** 1-888-607-8773

### VA Mental Health Services

**VA HOSPITAL:** Toll Free 1-866-687-8387

**MENTAL HEALTH CLINIC:** Toll Free 1-866-687-8387 Ext 6132

**OUTPATIENT CLINICS:** Bennington: 802-447-6913; Brattle-  
boro: 802-251-2200; Burlington Lakeside Clinic: 802-657-  
7000; Newport: 802-334-9777; Rutland: 802-772-2300

**VET CENTERS:** (Burlington) 802-862-1806; (White River  
Junct) 802-295-2908