VERMONT PSYCHIATRIC SURVIVORS BOARD
A membership organization providing peer support, outreach, advocacy and education. Must be able to attend meetings monthly. Experience with boards preferred, but not necessary. For information call (802) 775-6834 or email info@vermontpsychiatricsurvivors.org.

COUNTERPOINT EDITORIAL BOARD
The advisory board for the Vermont Psychiatric Survivors newspaper. Assists with policy and editing. Contact counterpoint@vermontpsychiatricsurvivors.org.

ALYSSUM
Peer crisis respite. To serve on board, contact Gloria at 802-257-6000 or info@alyssum.org.

DISABILITY RIGHTS VERMONT PAIMI COUNCIL
Protection and Advocacy for Individuals with Mental Illness. Call 1-800-834-7890 x 101.

VERMONT PSYCHIATRIC CARE HOSPITAL
Advisory Steering Committee at the new hospital in Vermont Psychiatric Hospital. 802-241-3222.

STATE COMMITTEES
To report problems with any McClure bldg, Rm 601A. Program Quality Committee, third Tuesdays, 9 -11 a.m., UNIVERSITY OF VERMONT MEDICAL CENTER 802-258-6118 for meeting location. fourth Tuesdays, 12 - 1:30 p.m., contact Gwynn Yandow, conference room A. Berlin, last Monday of month, 1:30 - 3:30 p.m. Advisory Steering Committee at the new hospital in VERMONT PSYCHIATRIC CARE HOSPITAL 800-834-7890.

ADULT PROGRAM STANDING COMMITTEE
Advises the Commissioner of Mental Health on the adult mental health system. The committee is the official body for review of and recommendations for redesignation of community mental health programs (designated agencies) and monitors other aspects of the system. Members are persons with lived mental health experience, family members, and professionals. Meets monthly on 2nd Monday at the Department of Mental Health, 280 State Drive NOB 2 North, Waterbury, noon-3 p.m. To apply for membership, contact Melinda Murtaugh (melinda.murtaugh@vermont.gov), Clare Munat(claremunat@msn.com), or Marla Simpson, M.A.(marla.simpson@gmail.com) for further information.

LOCAL PROGRAM STANDING COMMITTEE
Advisory groups required for every community mental health center. Contact your local agency for information about meetings and membership.

VERMONT CENTER FOR INDEPENDENT LIVING
Peer services and advocacy for persons with disabilities. 800-659-5122.

VERMONT FAMILY NETWORK
Support for families with child or youth with mental health challenges. 800-800-4005; 802-876-5315.

ADULT PROTECTIVE SERVICES
Reporting of abuse, neglect or exploitation of vulnerable adults, 800-564-1612; also to report violations at hospitals/nursing homes.

VERMONT CLIENT ASSISTANCE PROGRAM
Rights when dealing with service organizations such as Vocational Rehabilitation. Box 1397, Burlington VT 05402; 800-747-5022.

HEALTH CARE ADVOCATE
To report problems with any health insurance or Medicaid/Medicare issues in Vermont 800-639-1522.

VERMONT FEDERATION OF FAMILIES FOR CHILDREN’S MENTAL HEALTH
Statewide support for families of children, youth or young adults in transition who are experiencing or at risk of experiencing emotional, behavioral or mental health challenges. 800-639-6071, 802-876-7021.

VERMONT FEDERATION OF FAMILIES FOR MENTAL HEALTH: ADVOCATE IN YOUR COMMUNITY
For DMH meetings go to web site and choose “more” at the bottom of the “Upcoming Events” column.

ADDRESS:
280 State Drive NOB 2 North
Waterbury, VT 05671-2010

How to Reach
The Department of Mental Health:
802-241-0090
mentalhealth.vermont.gov

For DMH meetings go to web site and choose “more” at the bottom of the “Upcoming Events” column.

Address:
280 State Drive NOB 2 North
Waterbury, VT 05671-2010

COUNTERPOINT DEADCAL
FALL (September delivery; submission deadline July 29)
WINTER (December delivery; submission deadline October 7)
SUMMER (June delivery; submission deadline April 7)

COUNTERPOINT
The Service Building, 128 Merchants Row Suite 606, Rutland, VT 05701
Phone: (802) 775-6834
Email: counterpoint@vermontpsychiatricsurvivors.org

MISSION STATEMENT:
Counterpoint is a voice for news and the arts by psychiatric survivors, ex-patients, and consumers of mental health services, and our families and friends.

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Robert Crosby Loomis (1943-1994)
EDITORIAL BOARD
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The Editorial Board reviews editorial policy and all materials in each issue of Counterpoint. Review does not necessarily imply support or agreement with any positions or opinions.

EDITOR AND PUBLISHER
Wilda L. White, Vermont Psychiatric Survivors, Inc.
The publisher has supervisory authority over all aspects of Counterpoint editing and publishing.

NEWS EDITOR
Anne B. Donahue
News articles without a byline were written by the news editor.
Opinions expressed by columnists and writers reflect the opinion of their authors and should not be taken as the position of Counterpoint.

Counterpoint is funded by the freedom-loving people of Vermont through their Department of Mental Health. It is published three times a year, distributed free of charge throughout Vermont, and also available by mail subscription. Financial support does not imply support, agreement or endorsement of any of the positions or opinions in this newspaper; DMH does not interfere with editorial control.

Facebook and Web Sites
WELLNESS WORKFORCE COALITION
www.vcl.org/services/wellness-workforce-coalition
Training, events and meetings of the Wellness Workforce Coalition.

MAD IN VERMONT
www.facebook.com/groups/madinvermont
วาเนe for peer support, news, and advocacy/activism organizing in Vermont. “Psychiatric survivors, ex-patients, consumers, human rights activists and non-pathologizing allies are welcome.”

Advocacy Organizations
DISABILITY RIGHTS VERMONT
Advocacy in dealing with abuse, neglect or other rights violations by a hospital, care home, or community mental health agency. 141 Main St, Suite 606, Rutland, VT 05701-2010 802-834-7890.

MENTAL HEALTH LAW PROJECT
Representative for rights when facing commitment to a psychiatric hospital. 802-241-3222.

WINTER
Have News To Share?
Send it to
Counterpoint!
Your peer newspaper
The Service Building, 128 Merchants Row Suite 606, Rutland, VT 05701
Email: counterpoint@vermontpsychiatricsurvivors.org

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Send to: Counterpoint, The Service Building, 128 Merchants Row, Suite 606, Rutland, VT 05701
Back Issues can be accessed at www.vermontpsychiatricsurvivors.org

NAME:

ADDRESS:

CITY • STATE • ZIP
Peer Support Groups

**Vermont Psychiatric Survivors**

**SPRINGFIELD:** First Congregational Church, 77 Main St., every Tuesday 6:30-7:30 p.m.; 802-222-9827.

**BURLINGTON:** Peer Support Groups. Connections and support around coming out, socializing, employment challenges, safe sex, self-advocacy, and anything else! Burlington, Wednesdays, 4:30-4:45 p.m. at Prince Center, 255 Champlain St.

**WINOOSKI:** Disability Access Group.

**MIDDLEBURY:** Every Tuesday 6-7:30 p.m.; St. Mark’s Episcopal Church, 44 Second St.

**ENFIELD:** Peer-run support groups. Sundays 8:30-9:30 a.m. at First Congregational Church, 77 Main St., Enfield.

**ST. JOHNSBURY:** Peer-run support groups. Sundays 8:30-9:30 a.m. at Calvary Baptist Church, 156 Main St. Entrance at back on right side of building. More info at www.wholwepsv.com

**White River Junction:** Support Group locations on web: www.blvt.org; or email: supports@blvt.org; Toll Free Line: 877-856-1772.

**BURLINGTON:** Peer-run support groups. Sundays 8:30-9:30 a.m. at the Whitcomb Building. twitter.com/PeerDBVT

**Trans Crisis Hotline**

The Trans LifeLine (dedicated to the trans population) can be reached at 1-877-965-8866.

**Text Crisis Line**

Around-the-clock help via text: 741741 for a reply explaining the ground rules; message routed to a trained counselor.

**LGBTQ Youth Crisis Hotline:**

The Trevor Line now at 1-866-486-7866. TrevorText - Available on Fridays (4-8p.m.) to find the word “Trevor” to 1-202-304-1201. Standard text messaging rates apply.

**NAMI Connections Support Groups**

**BENNINGTON:** Every Tuesday 12-1:30 pm; United Counseling Service, 316 Dewey Street, CRT Center

**BURLINGTON:** Every Thursday 3-4:30 pm; St. Paul’s Episcopal Cathedral, 2 Cherry Street (enter from parking lot)

**MONTPELIER:** Every Friday 2-3:30 pm; Another Way, 125 Barre St.

**NEWPORT:** Every Wednesday 6-7:30 pm; St. Mark’s Episcopal Church, 44 Second St.

**RUTLAND:** Every Sunday 4:30-6:00 pm; Wellness Center (Rutland Mental Health) 78 South Main St. (enter from Eng.

**ST. JOHNSBURY:** Every Monday 11:00-12:00 noon; Universalist Unitarian Church, 47 Cherry St.

**National Alliance on Mental Illness-VT (NAMI-VT)**

1-800-767-9419, 1001 Blair Park Road, Suite 301, Williston, VT 05495; www.namivt.org; info@namivt.org

**Vermont Federation of Families for Children’s Mental Health**

Statewide support for families of children, youth or young adults in transition who are experiencing or at risk to experience emotional, behavioral or health challenges. 802-699-6671, 802-876-7020.

**PRIDE CENTER OF VERMONT**

LGBTQ Individual and Support Groups: Connections and support around coming out, socializing, employment challenges, safe sex, self-advocacy, and anything else! Burlington, Wednesdays, 4:30-4:45 p.m. at Prince Center, 255 Champlain St.

**Brain Injury Association**

Support Group locations on web: www.blvt.org; or email: supports@blvt.org; Toll Free Line: 877-856-1772.

**DBT Peer Group**

Peer-run skill groups. Sundays, 4 p.m.; 1 Mineral St, Springfield (The Whitcomb Building). twitter.com/PeerDBVT

**Veterans’ Services**

Please contact us if your organization’s information changes:

counterpoint@vermontpsychiatricsurvivors.org

**Public Community Mental Health**

**COUNSELING SERVICE OF ADDISON COUNTY,** 89 Main St., Middlebury, 05753; 802-388-5761

**UNITED COUNSELING SERVICE of BENNINGTON COUNTY:** PO Box 588, Linda Dig Hill Dr., Bennington, 05201; 802-442-5491

**CHITTENDEN COUNTY: Howard Center,** 100 Flynn Ave., Burlington, 05401; 802-488-6200

**FRANKLIN & GRAND ISLE: NORTHWESTERN COUNSELING AND SUPPORT SERVICES,** 107 Fisher Pond Road, St. Albans, 05478; 802-524-0554

**LAMOILLE COUNTY MENTAL HEALTH SERVICES,** 72 Harrel Street, Morrisville, 05661; 888-888-5026

**NEAR EAST KINGDOM human services, 111 Crawford Road, Derby, 802-334-6720; 800-666-4979, 2225 Fort St., St. Johnsbury; 802-748-3381; 802-695-0118

**ORANGE COUNTY: Clara Martin Center,** 11 Main St., Randolph, 05060-0167; 802-728-4466

**RUTLAND MENTAL HEALTH SERVICES,** 78 St. Main St., Rutland, 05701; 802-775-2188

**WASHINGTON COUNTY MENTAL HEALTH SERVICES,** 9 Heath St., Montpelier, 05602-5017

**WINDHAM AND WINDSOR COUNTIES: health care and rehabilitation services of southeastern Vermont,** 300 River Street, Springfield, 05156; 886-4500; 51 Fairview St, Brattleboro, 05301-5924; 49 School St., Hartford, 05047, 802-293-3031

**4-24 Crisis Lines: Involuntary Custody Screening**

**ADDITION COUNTY: Counseling Services of Addison County 802-388-7641**

**BENNINGTON COUNTY: United Counseling Service, 802-442-5491**

**CHITTENDEN COUNTY: Howard Center (adults) 802-888-6400; First Call (child/adolescents) 802-488-7777**

**FRANKLIN AND GRAND ISLE COUNTIES: Northwestern Counseling and Support Services, 802-524-0554**

**LAMOILLE COUNTY: Lamolille County Mental Health, Weekdays 8 a.m. to 4 p.m.; 802-888-4914; Nights and weekends; 802-748-3381**

**ESSEX, CALEDONIA and ORLEANS: Northeast Kingdom Human Services 800-666-4979**

**ORANGE COUNTY: Clara Martin, 802-693-6560**

**RUTLAND Mental Health Services, 802-775-1000**

**WASHINGTON COUNTY MENTAL HEALTH SERVICES, 802-229-0599**

**WINDHAM/WINDSOR COUNTIES: Health Care and Rehabilitation Services, 802-622-4423**

**VA Mental Health Services**

**VA Hospital: Toll Free 1-866-687-8387**

**Vermont Veterans Health Care System, 802-687-8387 Ext 6132**

**Outpatient Clinics:** Bennington: 802-447-6913; Brattleboro: 802-253-2200; Burlington Lakeside Clinic: 802-667-7000; South Burlington: 802-314-0777; Rutland: 802-772-2100

**Veterans Centers:** (Burlington) 802-862-1806; (White River Jct) 802-285-2908